



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foxes Year A	Fundamental movement Invasion games	Fundamental movement Dance	Dance Dodgeball	Gymnastics Fitness	Athletics Striking and fielding	Athletics Net and wall games
Foxes Year B	Fundamental movement Invasion games	Fundamental movement Dance	Gymnastics Basketball	Gymnastics Fitness	Athletics Net and wall games	Athletics Striking and fielding
Dolphins Year A	Netball Tag rugby	Football Gymnastics	Dance Dodgeball	Fitness Ultimate Frisbee	Athletics Striking and fielding	Athletics Net and wall games
Dolphins Year B	Netball Tag rugby	Football Gymnastics	Dance Hockey	Fitness Lacrosse	Athletics Orienteering	Athletics Net and wall games
Kestrels Year A	Netball Tag rugby	Football Gymnastics	Dance Basketball	Fitness Ultimate Frisbee	Athletics Cricket	Athletics Tennis/ Rounders
Kestrels Year B	Netball Tag rugby	Football Gymnastics	Dance Hockey	Fitness Lacrosse	Athletics Orienteering	Tennis Cricket/ Rounders

Withington Primary School

PE overview



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